



• *Carmine's Commitment to Our Guests* •

At Carmine's, the health and safety of our guests is always a top priority.

We understand that some of our guests suffer from food allergies.

We will do whatever is possible to accommodate all requests.

Within the following menus are dishes that we believe conform with certain dietary restrictions.

We are not, however, an allergen-free kitchen.

Though we will do our very best to use only the correct ingredients, in a kitchen of our size, the possibility of cross-contact does exist. As part of our commitment to our guests, the following menus are based on product information provided by Carmine's approved food manufacturers. Please be advised that suppliers may change the ingredients in, or amend the preparation of, their products.

We will do our best to accommodate your needs.

Please inform your server

of any special instructions

when placing your order.

Make sure to be clear with which

allergy needs our attention.

RECOMMENDED MENU ITEMS

FOR GUESTS WITH

Dairy & Egg

ALLERGIES

Within the following menus are dishes that we believe comport with certain dietary restrictions.

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APPETIZERS

- **Clams on the Half Shell**
- **Shrimp Cocktail**
- **Zuppa di Clams**
(red or white sauce)
- **Zuppa di Mussels**
(red or white sauce)
- **Fried Calamari**
(ordered with marinara, no cheese. potential fryer cross-contamination)
- **Grilled Portobello** *(ordered with no cheese)*

SALADS

- **Mixed Green Salad**
(Eggs in dressing - substitute oil & vinegar)
- **Carmine's Salad**
(Ordered without cheese. Eggs in dressing, substitute oil & vinegar)

BREAD BASKET

All breads, *except Onion and Tomato Focaccia* are Garlic-Free

PASTA

- **Clams Sauce**
(red or white sauce)
- **Shrimp Sauce**
(red or white sauce)
- **Lobster Fra Diavolo**
- **Garlic and Oil**
(ordered without cheese and bread crumbs)
- **Rigatoni Broccoli**
(red or white sauce [ordered without cheese & bread crumbs])
- **Marinara**
(ordered without cheese)
- **Giardiniera**
(ordered without cheese and cream)
- **Mixed Seafood**
(red or white sauce)
- **Calamari**
(red or white sauce)
- **Pomodoro**

ENTRÉES

- **All Porterhouse Steaks**
- **Chicken Contadina**
- **Shrimp Marinara/Fra Diavolo**
- **Plain Grilled Chicken**
- **Plain Grilled Fish**

SIDES

- **Peppers & Onions**
- **Broccoli**
- **Broccoli Rabe**
- **Escarole**
- **Sausage**
- **Potatoes**
- **Spinach**

DESSERTS

- **Fresh Fruit**

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Consuming raw or uncooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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RECOMMENDED MENU ITEMS

FOR GUESTS WITH

Wheat/Gluten

ALLERGIES

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APPETIZERS

- **Raw Bar Items**
(Clams & Shrimp)
- **Chicken Scarpariello Wings**
(potential fryer cross-contamination)
- **Grilled Portobello Mushrooms**
- **Roasted Peppers, Mozzarella & Anchovy**
- **Zuppa Di Clams**
(red or white sauce)
- **Zuppa Di Mussels**
(red or white sauce)

SALADS

- Carmine's Salad
- Mixed Green Salad
- Caesar
(ordered without croutons)

GLUTEN-FREE PASTA *Made with Cornmeal & Water*

- **Pesto**
- **Pomodoro**
- **Marinara**
- **Giardiniera**
- **Mixed Seafood**
(red or white sauce)
- **Sausage Links w/Marinara**
- **Broccoli** *(red or white sauce [ordered without bread crumbs])*
- **Broccoli & Sausage**
(red or white sauce [ordered without bread crumbs])
- **Garlic & Oil** *(ordered without bread crumbs)*
- **Calamari**
(red or white sauce)
- **Clam**
(red or white sauce)
- **Country Style**
- **Shrimp**
- **Vodka**

SIDES

- **Peppers & Onions**
- **Broccoli**
- **Broccoli Rabe**
- **Escarole**
- **Sausage**
- **Spinach**

ENTRÉES

- **All Porterhouse Steaks**
- **Chicken Contadina**
- **Chicken Scarpariello**
- **Lobster Fra Diavolo**
(ordered over gluten free pasta)
- **Shrimp Fra Diavolo**
- **Shrimp Marinara**
- **Salmon**
(ordered with no bread crumbs)

DESSERTS

- **Tartufo**
- **Fresh Fruit**
- **Chocolate Torte**
- **Titanic/Tugboat** *(ordered without cookies)*

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RECOMMENDED MENU ITEMS

FOR GUESTS WITH

• • • **Garlic** • • •

ALLERGIES

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APPETIZERS

- **Clams on the Half Shell**
- **Shrimp Cocktail**
- **Zuppa di Clams**
(red or white sauce)
[ordered without garlic]
- **Zuppa di Mussels**
(red or white sauce)
[ordered without garlic]

SALADS

- **Mixed Green Salad**
(Ordered without Olives, Tomatoes & Roasted Peppers)
- **Carmine's Salad**
(ordered without Salami, Olives, Tomatoes & Roasted Peppers)

BREAD BASKET

All breads, *except Onion and Tomato Focaccia* are Dairy-Free

PASTA

- **Clams**
(red or white sauce, ordered without garlic & garlic oil)
- **Shrimp**
(red or white sauce, ordered without garlic & garlic oil)
- **Calamari**
(red or white sauce, ordered without garlic & garlic oil)
- **Mixed Seafood**
(red or white sauce, ordered without garlic & garlic oil)
- **Pomodoro** *(ordered without garlic & garlic oil)*

SIDES

- **Steamed Broccoli**
- **Steamed Spinach**
- **Steamed Broccoli Rabe**

ENTRÉES

- **Porterhouse Plain**
(ordered without garlic powder & garlic oil)
- **Lobster Fra Diavolo**
(ordered without garlic & marinara sauce)
- **Shrimp Fra Diavolo**
(ordered without garlic & marinara sauce)
- **Plain Grilled Chicken**
(ordered without garlic oil)
- **Plain Grilled Fish**
(ordered without garlic oil)

DESSERTS

- **All of our Desserts are Garlic-Free**

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RECOMMENDED MENU ITEMS
FOR OUR
Vegetarian & Vegan
GUESTS

Within the following menus are
dishes that we believe comport
with certain dietary restrictions.

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an allergen-free kitchen.***

APPETIZERS

VEGETARIAN

- Garlic Bread
- Portobello Parmigiana
- Spiedini ala Romana
(ordered without Anchovies)
- Fried Zucchini
(potential fryer cross-contamination)

VEGETARIAN & VEGAN

- Roasted Peppers & Mozzarella
*(ordered without anchovies -
Vegans - ordered without cheese)*
- Grilled Portobello
(Vegans - ordered without cheese)

SALADS

VEGETARIAN & VEGAN

- Mixed Green Salad *(Eggs in dressing.
Vegan - substitute oil & vinegar)*

BREAD BASKET

All breads are both **Vegetarian and Vegan**

PASTA

VEGETARIAN

- Marinara
- Penne ala Vodka
- Giardiniera
- Rigatoni Broccoli
w/ Red Sauce
*(ordered without
Prosciutto)*
- Pomodoro
*(ordered without
Prosciutto)*

VEGAN

- Marinara *(ordered
without Cheese)*
- Giardiniera
*(ordered without cream,
cheese, or Prosciutto)*
- Rigatoni Broccoli
w/ Red Sauce
(ordered without cheese)
- Pomodoro
*(ordered without
Prosciutto)*

VEGATABLES

VEGETARIAN

- Eggplant Parmigiana
(potential fryer cross-contamination)

VEGETARIAN & VEGAN

- Broccoli **
- Broccoli Rabe **
- Escarole **
- Peppers & Onions
- Spinach

** TO BE ORDERED WITHOUT
CHICKEN STOCK

DESSERTS

VEGETARIAN

- All Desserts are Vegetarian.

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